

9 March 2017

INTERRELATE FAMILY PROGRAM

Dear Parents and Carers

This year the 'Interrelate Family Program' will be held in the evening in the school hall. This is a valuable program and we encourage you all to attend. There will be two sessions as listed below. These sessions will provide basic information such as how our bodies work and puberty. For Year 5 and 6 it will also prepare students for their transition into secondary school and adolescence. Additional information about the Interrelate program can be found at www.interrelate.org.au or on the flyer on the back.

Date: Wednesday, 29 March 2017

Time: **Session 1: 6:00 pm – 7:00 pm**

'Where Did I Come From?' (Years 3, 4, 5 & 6)

(Years 5 & 6 who have not previously attended are encouraged to attend)

Session 2: 7:15 pm – 8:15 pm

'Preparing for Puberty' (Years 5 & 6)

(Years 3 & 4 at parent's discretion)

Cost: **\$30.00** per family to attend one session

OR

\$35.00 per family to attend both sessions



The program is designed to be presented in its entirety as the content from 'Where Did I Come From?' builds the foundation for 'Preparing for Puberty'. Therefore, Year 5 and 6 students may also like to attend the 6.00 pm session.

Please fill out the form attached and return it in an envelope with payment to the Administration Box in the office by Friday 24 March.

Kind regards

Angela Mustaca
Deputy Principal

Megan Lockery
Principal

When kids ask "the" questions...

Interrelate has the answers!

Interrelate's high-quality Sexuality and Relationship Education program is coming to your school!

With over 90 years' experience in this field, Interrelate has a reputation for providing excellence in sexuality and relationship education. Today, over 40,000 students and family members participate in Interrelate School and Family programs each year.

Many parents find it hard to discuss questions relating to sexuality education. *We know how to help break the ice.* Interrelate programs are interactive and family focused, and are conducted by highly trained and experienced educators, who adhere to a strict code of ethics.

Session 1: Where did I come from? (1 hour session - Year 3-6)

This session educates children more about how their bodies work and the differences between males and females, including their understanding of conception, fertilisation, foetal development and the birth process.

Session 2: Preparing for puberty (1 hour session - Years 5-6; Years 3-4 at parent's discretion)

This session prepares children and parents/caregivers for the physical, social and emotional changes associated with puberty, and addresses changing emotions and relationships with families and peers.

Interrelate School Services presents

a special evening program

Family cost: 1 session \$30 per family | 2 sessions \$35 per family Please note that this cost is GST inclusive

Where: **LINDFIELD PUBLIC SCHOOL**

When: **Wednesday, 29th March 2017**

Time: Where did I come from? **6.00pm SHARP** Preparing for puberty **7.15pm**

Specialty books are available for purchase on the night.

a special evening program

Please complete the payment sheet and return it to the school office, with payment in an envelope labelled with your child's name and class.

Tel: (02) 8882 7875 | Fax: (02) 8882 7890

schoolservices@interrelate.org.au

www.interrelate.org.au



Please return payment slip to the Administration Box by Friday 24 March, 2017.



Interrelate Family Program Attendance

Family cost: 1 session \$30 per family | 2 sessions \$35 per family
Please note that this cost is GST inclusive

Name of family: _____

Please write the number of people attending in the box provided (this includes students and adults). All students must be accompanied by a parent.

Session 1: Where did I come from?

Session 2: Preparing for puberty

Payment Details

I enclose cash payment of **\$30** or **\$35** (please enclose correct money if paying by cash)

I enclose cheque payment of **\$30** or **\$35** (please make cheques payable to Lindfield Public School)

I have made an online payment of **\$30** or **\$35**

(go to www.lindfield-p.schools.nsw.edu.au then 'Make A Payment' tab, then choose 'Other' in the Payment Option section and write 'Interrelate' in Payment Description 1)

My receipt number is: _____ Date paid: _____ / _____ / _____

Parent Signature: _____